

SURVIVING THE HOLIDAYS discussion

Luke 10:38-42

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."

REMEMBERING

1. What quote caught your attention because it occasionally applies to you?

REFLECTING

2. When you get busy with "many" things, what "important" things tend to get lost or dropped?

DISCOVERING

3. What's one principle you learned from the story of M & M that could be useful to you?

CONNECTING

4. How might your principle be useful in the week or season ahead?

RESPONDING

5. What is one specific step you could take in the next 48 hours to act on this principle?

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