

ON BECOMING DIFFERENT: Service

(Galatians 5:13-14)

Everyone thinks of changing humanity, and nobody thinks of changing himself. (Leo Tolstoy)

Today I'd like us to reflect by taking a survey (7 questions)

of YES responses:

Reviewing the HOW of the "spiritual disciplines"

Becoming different, achieving any goal requires VIM—vision, intention, and means

This includes learning to type, losing weight, learning to speak French, running a marathon, learning to paint, or loving and serving annoying people.

- VISION Seeing the goodness, value, and desirability of the goal

- INTENTION Desiring and deciding to act in ways that fulfill the vision

- MEANS Using measures to carry out intentions and realize the vision

If we fail to follow the VIM pattern, we'll fail to be any different or achieve any goal

We know that *What Would Jesus Do? Just Say No*, and *Just Do It* don't work

Now consider "service" as one Means in the VIM pattern for change

You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: "Love your neighbor as yourself." (Gal 5:13-14)

A sample APP

How the VIM pattern could help you grow using local **service at GAIN**

Serving others benefits them and YOU!