

**Thirst Part # 2**  
**Matthew 5:6**  
**Hunger & Thirst**  
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**Introduction:**

- Hunger and thirst walk a fine line in our bodies.
- The desire of hunger and thirst are strong desires that are necessities to keep the body alive.

**I. What Are You Hungering & Thirsting For?**

A. Physically:

1. Junk food vs. healthy food

B. Spiritually:

1. The Bread of Life (John 6:33-35)
2. The junk of the world
3. Manna vs. food of Egypt (Numbers 11:5-6)
4. Water of Life – Christ (John 4:13-14)

**II. The Testing of Spiritual Hunger**

- A. Dissatisfaction with self (Romans 7:24)
- B. Freedom from dependance on external things for satisfaction
- C. Craving for the Word of God (Jeremiah 15:16)
- D. Acceptance of God's moving in your life (Proverbs 27:7)

**Conclusion:**

Those who hunger and thirst after righteousness will find satisfaction and happiness.

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Matthew 5:6

"Blessed are those who hunger and thirst for  
righteousness, for they will be filled."